



# GAMMHOLDING

## Catalog of Products

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<b>nutritional values</b>	
<b>serving size 100g</b>	
energy	<b>81 kJ / 19 kcal</b>
fat	1 g
- of which saturates	<b>0,2 g</b>
trans fat	0g
carbohydrate	1g
- of which sugars	<b>0,5 g</b>
fibre	0g
protein	1.6g
sodium	310 mg
salt	0,8g
Calcium	100g
ingredients	
<b>yoghurt (milk)</b> , water, salt, E202, mint flavour.	

**yogurt drink with mint flavor**

500 ml

Non carbonated

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 1368 pieces

yogurt drink with mint flavor  
500 ml



**GAMM HOLDING**

<b>nutritional values</b>	
<b>serving size 100g</b>	
energy	<b>81 kJ / 19 kcal</b>
fat	1 g
- of which saturates	<b>0,2 g</b>
trans fat	0g
carbohydrate	1g
- of which sugars	<b>0,5 g</b>
fibre	0g
protein	1.6g
sodium	310 mg
salt	0,8g
Calcium	100g
ingredients	
<b>yoghurt (milk)</b> , water, salt, E202, mint flavour.	

### yogurt drink with mint flavor

1500 ml

Non carbonated

Pasteurized and homogenized

Each pack of 6 pieces

Each pallet 504 pieces

yogurt drink with mint flavor  
1500 ml



GAMM HOLDING

nutritional values	
serving size 100g	
energy	<b>81 kJ / 19 kcal</b>
fat	1 g
- of which saturates	<b>0,2 g</b>
trans fat	0g
carbohydrate	1g
- of which sugars	<b>0,5 g</b>
fibre	0g
protein	1.6g
sodium	310 mg
salt	0,8g
Calcium	100g

ingredients
<b>yoghurt (milk), water, salt, E202.</b>

### yogurt drink

1500 ml

Non carbonated

Pasteurized and homogenized

Each pack of 6 pieces

Each pallet 504 pieces

yogurt drink  
**1500 ml**



**GAMM**HOLDING

<b>nutritional values</b>	
<b>serving size 100g</b>	
energy	<b>81 kJ / 19 kcal</b>
fat	1 g
- of which saturates	<b>0,2 g</b>
trans fat	0g
carbohydrate	1g
- of which sugars	<b>0,5 g</b>
fibre	0g
protein	1.6g
sodium	310 mg
salt	0,8g
Calcium	100g
ingredients	
<b>yoghurt (milk), water, salt, mint flavour, yeast.</b>	

**yogurt drink with mint flavor**  
 500 ml  
 carbonated  
 Pasteurized and homogenized  
 Each pack of 12 pieces  
 Each pallet 1368 pieces

yogurt drink with mint flavor  
 carbonated  
**500 ml**



**GAMM HOLDING**

nutritional values	
serving size 100g	
energy	81 kJ / 19 kcal
fat	1 g
- of which saturates	0,2 g
trans fat	0g
carbohydrate	1g
- of which sugars	0,5 g
fibre	0g
protein	1.6g
sodium	310 mg
salt	0,8g
Calcium	100g
ingredients	
yoghurt (milk), water, salt, mint flavour, yeast.	

**yogurt drink with mint flavor  
carbonated**

1500 ml

Pasteurized and homogenized

Each pack of 6 pieces

Each pallet 504 pieces

yogurt drink with mint flavor  
carbonated  
1500 ml



GAMM HOLDING

nutritional values	
serving size 100g	
energy	81 kJ / 19 kcal
fat	1 g
- of which saturates	0,2 g
trans fat	0g
carbohydrate	1g
- of which sugars	0,5 g
fibre	0g
protein	1.6g
sodium	310 mg
salt	0,8g
Calcium	100g

#### ingredients

yoghurt (milk), water, salt, yeast. Yoghurt drink.

### yogurt drink carbonated

1500 ml

carbonated

Pasteurized and homogenized

Each pack of 6 pieces

Each pallet 504 pieces

yogurt drink  
carbonated  
1500 ml



GAMM HOLDING

nutritional values	
serving size 100g	
energy	379 kJ / 89 kcal
fat	2.5 g
- of which saturates	2 g
trans fat	0 g
carbohydrate	2.9 g
- of which sugars	0,3 g
fibre	0 g
protein	11 g
sodium	1100 mg
salt	2.8 g
Calcium	120g

ingredients  
**yoghurt (milk), water, yoghurt powder, whey powder , whey protein concentrate, corn starch, salt, E202.**

### KASHK

700 g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 1080 pieces

KASHK  
700g



GAMM HOLDING



<b>nutritional values</b>	
<b>serving size 100g</b>	
energy	<b>379 kJ / 89 kcal</b>
fat	2.5 g
- of which saturates	<b>2 g</b>
trans fat	0 g
carbohydrate	2.9 g
- of which sugars	<b>0,3 g</b>
fibre	0 g
protein	11 g
sodium	1100 mg
salt	2.8 g
Calcium	120g

ingredients

**yoghurt (milk), water, yoghurt powder, whey powder , whey protein concentrate, corn starch, salt, E202.**

**KASHK**

240 g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 2016 pieces

KASHK  
240g



GAMM HOLDING

nutritional values	
serving size 100g	
energy	379 kJ / 89 kcal
fat	2.5 g
- of which saturates	2 g
trans fat	0 g
carbohydrate	2.9 g
- of which sugars	0,3 g
fibre	0 g
protein	11 g
sodium	1100 mg
salt	2.8 g
Calcium	120g

#### ingredients

yoghurt (milk), water, yoghurt powder, whey powder, whey protein concentrate, corn starch, salt, spices (garlic, mint and red pepper), E202.

#### KASHK flavored (garlic, pepper and mint)

240 g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 2016 pieces

KASHK  
240g



GAMM HOLDING

nutritional values	
serving size 100g	
energy	379 kJ / 89 kcal
fat	2.5 g
- of which saturates	2 g
trans fat	0 g
carbohydrate	2.9 g
- of which sugars	0,25 g
fibre	0 g
protein	8 g
sodium	1375 mg
salt	3.5 g
Calcium	120g

ingredients  
**yoghurt (milk), water, dried whey, yoghurt powder, whey powder, whey protein concentrate, salt, E202.**

### Jameed

550 g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 1440 pieces

jameed

550g



GAMM HOLDING

<b>nutritional values</b>	
<b>serving size 100g</b>	
energy	<b>402 kJ / 96 kcal</b>
fat	2 g
- of which saturates	<b>1.5 g</b>
trans fat	0 g
carbohydrate	4.5 g
- of which sugars	<b>2.8 g</b>
fibre	0 g
protein	15 g
sodium	392 mg
salt	1 g
Calcium	120g

ingredients: **yoghurt (milk)**, water, **yoghurt powder**, **wey powder**, **wey protein concentrate**, corn starch, salt, spices (tomato, olive, garlic, thyme, red pepper), E202, olive flavour.

### Dipping sauce kashk

240g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 2016 pieces

Dipping sauce kashk  
**240g**



**GAMM**HOLDING

nutritional values	
serving size 100g	
energy	379 kJ / 89 kcal
fat	2.5 g
- of which saturates	2 g
trans fat	0 g
carbohydrate	2.9 g
- of which sugars	0,3 g
fibre	0 g
protein	11 g
sodium	1100 mg
salt	2.8 g
Calcium	120g

#### ingredients

yoghurt (milk), water, yoghurt powder, whey powder, whey protein concentrate, corn starch, salt, E202.

#### kashk

240 g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 2016 pieces

kashk

240g



GAMM HOLDING

nutritional values	
serving size 100g	
energy	379 kJ / 89 kcal
fat	2.5 g
- of which saturates	2 g
trans fat	0 g
carbohydrate	2.9 g
- of which sugars	0,3 g
fibre	0 g
protein	11 g
sodium	1100 mg
salt	2.8 g
Calcium	120g
ingredients	
yoghurt (milk), water, yoghurt powder, whey powder, whey protein concentrate, corn starch, salt, E202.	

### kashk

700 g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 1080 pieces

kashk

700g



GAMM HOLDING

nutritional values	
serving size 100g	
energy	<b>1264 kJ / 302</b> kcal
fat	30 g
- of which saturates	<b>19 g</b>
carbohydrate	4.3 g
- of which sugars	<b>4.3 g</b>
protein	3.7 g
salt	0.1 g

Ingredients:  
 pasteurized **cream**(30% fat), sugar, thickener: E401,  
 E418, emulsifier: E471.

### cream breakfast

220g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 2016 pieces

cream breakfast  
220g



GAMM HOLDING

# New Products





## Saffron Pudding with Almonds

Indulge in the rich and luxurious blend of saffron, creamy almonds, fragrant rose water, and a touch of cardamom. Crafted with care, our pasteurized creation is a symphony of flavors and textures, all encased in a stunning 220-gram glass jar.

Perfect for any time of day, it's not just a pudding; it's a versatile delight. Enjoy it as a luscious breakfast, a sweet dessert, or a satisfying complete meal. This is the taste of elegance and delight that you've been waiting for.

Unleash your inner foodie and elevate your culinary journey with Gamm Pito B.V's Saffron Almond Pudding. Did you know that saffron and almonds are two natural wonders?

**Saffron:** Saffron is not only known for its flavor and color but also as a powerful antioxidant. This miraculous plant is used for heart health and calming the nerves.

**Almonds:** Almonds are recognized as an excellent source of protein, fiber, and healthy fats. This nutritious fruit is highly beneficial for brain and heart health.

**Rice:** Rice is an excellent source of complex carbohydrates, which are very useful for providing sustained energy and increasing metabolism. Additionally, it is rich in fiber and various vitamins, which are essential for health.

Our Rice and Saffron Pudding with Almonds combines these two extraordinary complements to provide a delicious and healthy taste experience.



GAMM HOLDING

<b>nutritional values</b>	
<b>serving size 100g</b>	
energy	<b>396 kJ / 95 kcal</b>
fat	0.15 g
- of which saturates	<b>0.05 g</b>
carbohydrate	22 g
- of which sugars	<b>20 g</b>
fibre	0 g
protein	1.4 g
salt	0 g

Ingredients:  
rice, sugar, **almonds**, cardamom, saffron, E202.

### saffron almond pudding

220g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 2016 pieces

saffron almond pudding  
**220g**



**GAMM**HOLDING

## Milk and Pistachio Pudding

Indulge in the creamy delight of our latest innovation, the Milk and Pistachio Pudding. Crafted with precision and passion, this sumptuous treat is a blend of wholesome ingredients, harmoniously brought together for your pleasure.

Inside each exquisite 220-gram glass jar, you'll discover a world of flavor. We start with rich, luscious creamy milk, carefully pasteurized to ensure the highest quality and taste. To this velvety base, we add tender rice grains, delicately roasted pistachios, and a touch of fragrant cardamom, creating a symphony of flavors that will transport your taste buds to new heights.

Versatility is at the heart of our creation – savor it as a wholesome breakfast, a delightful dessert, or even as a satisfying, complete meal.

Embrace the taste of luxury with Gamm Pito B.V's Milk and Pistachio Pudding. Elevate your culinary experience and make every moment delectable. Taste the harmony, savor the excellence!

Did you know the benefits of milk and pistachios?

**Milk:** Milk is recognized as a top source of calcium, essential for bone and dental health. It contains high-quality proteins beneficial for muscle growth and development. It's an excellent source of vitamin D, crucial for calcium absorption and bone health. Milk also contains potassium and vitamin D, which are very useful for maintaining heart health.

**Pistachios:** Pistachios, due to their high-quality proteins and carbohydrates, are an excellent energy source. They help lower bad cholesterol in the blood and contribute to heart health. Pistachios contain a significant amount of iron, suitable for increasing hemoglobin levels in the blood and preventing anemia. They are rich in antioxidants like vitamin C and E, which help protect cells from oxidative damage.

**Rice:** Rice is an excellent source of complex carbohydrates, providing sustained energy and boosting metabolism. It's also rich in various vitamins important for health.



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<b>nutritional values</b>	
<b>serving size 100g</b>	
energy	<b>423 kJ / 101 kcal</b>
fat	1.9 g
- of which saturates	<b>3.3 g</b>
carbohydrate	18 g
- of which sugars	<b>14.7 g</b>
fibre	0 g
protein	2.9 g
salt	0 g

**Ingredients:**

rice, sugar, **pistachios**, **milk powder**, **cream powder**, cardamom, E202.

**milk pistachio pudding**

220g

Pasteurized and homogenized

Each pack of 12 pieces

Each pallet 2016 pieces

milk pistachio pudding  
**220g**



**GAMM HOLDING**